



[www.panthertaekwondo.co.uk](http://www.panthertaekwondo.co.uk) in conjunction with [www.seni2012.com](http://www.seni2012.com)

# WELCOME TO THE SENI 2012 LONDON TAEKWONDO OPEN CHAMPIONSHIPS

**TEAM TROPHYS WITH GOLD, SILVER & 2 BRONZE  
MEDALS FOR POOMSE (PATTERNS) KYROUGI  
(SPARRING)**

Master Ewan C Briscoe Master Paul Chafe  
2/16/2012



# London Taekwondo Open



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## Poomsae (Patterns) Rules

The tournament is to be run on a match-play basis whereby two competitors perform at the same time within age and grade divisions. There will be up to 5 judges who signify who has won by raising a Red / Blue flag as appropriate.

In the first round, all competitors will be required to perform the poomsae compulsory for their grade (see below).

In subsequent rounds, the competitors will perform a poomsae of their choice from the prescribed range (they can repeat poomsae from an earlier round but only 9<sup>th</sup> and 10<sup>th</sup> kup may perform the same poomsae twice within a round).

The winners of the first round will proceed to subsequent rounds to determine the gold medal winner. The losers will then continue in a further round to determine the silver and bronze medallists.

All competitors must choose their poomsae from the range applicable to their grade (see below).

The organisers receive the right to merge grades and ages according to entries received.

### Grade Divisions

Novice	10 <sup>th</sup> – 8 <sup>th</sup> Kup
Intermediate	7 <sup>th</sup> – 5 <sup>th</sup> Kup
Senior	4 <sup>th</sup> – 1 <sup>st</sup> Kup
Dan	1 <sup>st</sup> Dan and above

### Age Divisions

<b>Kup grades</b>
6 and under
7 – 10
11 – 13
14 – 17
18 – 34
35 - 54
55+

<b>Dan grades</b>
14 and under
15 – 17
18 – 30
31 – 40
41 – 50
51 – 64
65+



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## Permissible Poomsae

### Kup Grades

	<b>Compulsory Poomsae</b>	<b>Lowest Permissible Poomsae</b>	<b>Highest Permissible Poomsae</b>
10 <sup>th</sup> Kup	Taegeuk 1	Taegeuk 1	Taegeuk 1
9 <sup>th</sup> Kup	Taegeuk 1	Taegeuk 1	Taegeuk 1
8 <sup>th</sup> Kup	Taegeuk 1	Taegeuk 1	Taegeuk 2
7 <sup>th</sup> Kup	Taegeuk 2	Taegeuk 1	Taegeuk 3
6 <sup>th</sup> Kup	Taegeuk 3	Taegeuk 1	Taegeuk 4
5 <sup>th</sup> Kup	Taegeuk 4	Taegeuk 1	Taegeuk 5
4 <sup>th</sup> Kup	Taegeuk 5	Taegeuk 1	Taegeuk 6
3 <sup>rd</sup> Kup	Taegeuk 6	Taegeuk 2	Taegeuk 7
2 <sup>nd</sup> Kup	Taegeuk 7	Taegeuk 3	Taegeuk 8
1 <sup>st</sup> Kup	Taegeuk 8	Taegeuk 4	Koryo

### Dan Grades

	<b>Compulsory Poomsae</b>	<b>Lowest Permissible Poomsae</b>	<b>Highest Permissible Poomsae</b>
1 <sup>st</sup> Dan	Koryo	Taegeuk 5	Keumgang
2 <sup>nd</sup> Dan	Keumgang	Taegeuk 6	Taebeck
3 <sup>rd</sup> Dan	Taebeck	Taegeuk 7	Pyongwong
4 <sup>th</sup> Dan	Pyongwong	Taegeuk 8	Sipjin
5 <sup>th</sup> Dan	Sipjin	Koryo	Jittae
6 <sup>th</sup> Dan	Jittae	Keumgang	Chonkwon



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## Registration

**Weigh-In:** Sunday 3<sup>RD</sup> JUNE 2012 9:00AM to 10:00AM

There will be a full weigh-in for all fighters. **Please note if you fail your weigh-in you will be disqualified with no claim to a refund.**

**Rules:** WTF Style Full Contact rules will be followed except where explicitly stated otherwise. Full armour required; body (including back protection), head guard, forearm guard, shin guard (without instep) groin guard and gum shield.

There will be a no headshot rule applied for all bouts in the Pee Wee category.

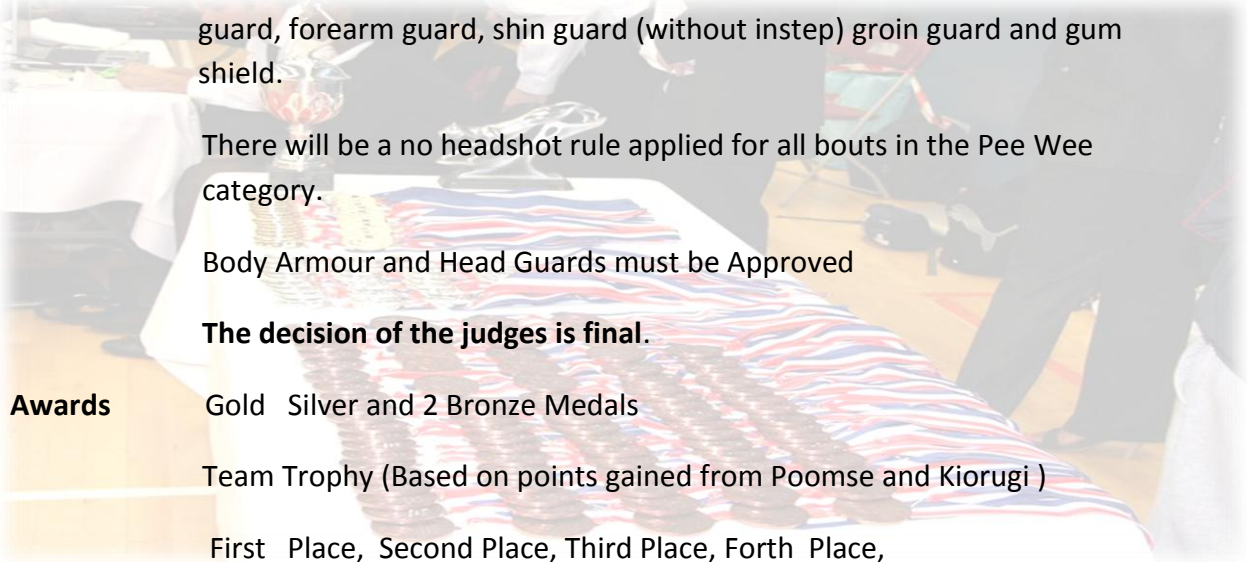
Body Armour and Head Guards must be Approved

**The decision of the judges is final.**

**Awards** Gold Silver and 2 Bronze Medals

Team Trophy (Based on points gained from Poomse and Kiorugi )

First Place, Second Place, Third Place, Forth Place,





# London Taekwondo Open



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## Kyrougi Weight Categories

Pee Wee (ages 9 and below)	
Boys	Girls
-21 kg	-21 kg
-25 kg	-25 kg
-29 kg	-29 kg
-33 kg	-33 kg
-37 kg	-37 kg
+37 kg	+37 kg

Child (ages 10 - 13)	
Boys	Girls
-32 kg	-30 kg
-37 kg	-35 kg
-42 kg	-40 kg
-47 kg	-45 kg
-52 kg	-50 kg
-57 kg	-55 kg
+57 kg	+55 kg

Junior (ages 14 - 17)	
Boys	Girls
-48 kg	-44 kg
-55 kg	-49 kg
-63 kg	-55 kg
-73 kg	-63 kg
+73 kg	+63 kg

Adult (ages 18 - 34)	
Men	Women
-63 kg	-53 kg
-68 kg	-57 kg
-74 kg	-62 kg
-80 kg	-67 kg
-87 kg	-73 kg
+87 kg	+73 kg

Veterans (ages 35+)	
Men	Women
-58 kg	-49 kg
-68 kg	-57 kg
-80 kg	-67 kg
+80 kg	+67 kg

**Note:** The organisers reserve the right to combine weight/experience categories in the interests of maintaining a true competition

### Grade Categories:

Novice	9 <sup>th</sup> – 7 <sup>th</sup> Kup
Intermediate	6 <sup>th</sup> – 3 <sup>rd</sup> Kup
Advanced	2 <sup>nd</sup> Kup - Dan Grades

The OC reserve the right to propose the merging of grade, weight and age categories if there are less than four competitors in divisions. This will be subject to the agreement of the competitors and coaches concerned,

Entries at weights significantly higher or lower than the categories listed will be considered on receipt of such applications.



# London Taekwondo Open



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## COMPETITORS ENTRY FORM

Competitors Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_

Male/Female \_\_\_\_\_ Weight \_\_\_\_\_ (KG) Division \_\_\_\_\_

Club \_\_\_\_\_ Contact Tel \_\_\_\_\_ Instructor Name \_\_\_\_\_

Instructor Tel \_\_\_\_\_ Instructor E-mail \_\_\_\_\_

Association \_\_\_\_\_

I wish to enter the Seni London open championships and confirm that no claim whatsoever will be made against the organisers, instructors, competitors or members I hear-by accept full responsibility for any loss or injuries sustained at this event. By entering this event I agree to the announcement of the results with names and photographs being reported on the internet and printed media.

Signed \_\_\_\_\_ (Parent/Guardian for under 18's)

KYORUGI ONLY

POOMSAE ONLY

BOTH

PLEASE CIRCLE ONE.

**Entry Fees:** Competitors: Kyorugi **£20** / Poomsae **£20** / Both **£30**

Spectators: Adults **£10** / Children: **£5** / Families: £25 (2 Adults + 2 Children)

**Closing Date:** Please complete the Entry form and return through your **club Instructor** by Monday 7<sup>TH</sup> MAY 2012. No late entries will be accepted

**(Club Instructors Only)**

**All cheques payable to Panther Taekwondo Academy** and must be received before the Closing date

**Online payment** please call 07946102769 for details however you still need to send payments before the **Closing date**.

**Please send all entries forms to:** London Open Championships: Po box 233, Greenford Middlesex UB6 9W



# London Taekwondo Open



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Dear Master / Chief Instructor / Secretary/ Taekwondo friends,

We are proud that over the years we have run one of the most family friendly non political tournaments enriched with the camaraderie of all who have attended.

In the interest of maintaining neutral efficiency.

Each team entered with over **4 competitors** will be required to support us with a **maximum of 2 Officials** (eg Corner Judges, Center Refs or Poomse Judges )

**Dress Code :** All Officials Must Wear A Dark Suit With White or Grey Shirt and Black Tie

Please fill in the form below and send this with your entry forms.

All judges who fully participate will receive an allowance as well as free refreshments.

## Officials Registration Form

Please Print Capitals

Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_

**Please Circle** Male / Female \_\_\_ Center Ref \_\_\_ Corner Judge \_\_\_ Poomse Judge

Club \_\_\_\_\_ Contact Tel \_\_\_\_\_ Instructor Name \_\_\_\_\_

Instructor Tel \_\_\_\_\_ Instructor E-mail \_\_\_\_\_

Association \_\_\_\_\_



# London Taekwondo Open



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Coaches will be issued with One **Free** Coach Pass for every **Ten** Competitors **NB**  
(No name no pass).and Attend in Tracksuits  
**ALL COACHES MUST ENTER THEIR NAME ON THE**

## **Coaches Registration Form**

**Please Print in Capitals.**

Coach Name \_\_\_\_\_ Grade \_\_\_\_\_

Age Over 18 and over only \_\_\_\_\_ **Please Circle** Male / Female

Club \_\_\_\_\_ Contact Tel \_\_\_\_\_ Instructor Name \_\_\_\_\_

Instructor Tel \_\_\_\_\_ Instructor E-mail \_\_\_\_\_

Association \_\_\_\_\_

**Please Print in Capitals**

Coach Name \_\_\_\_\_ Grade \_\_\_\_\_

Age Over 18 and over only \_\_\_\_\_ **Please Circle** Male / Female

Club \_\_\_\_\_ Contact Tel \_\_\_\_\_ Instructor Name \_\_\_\_\_

Instructor Tel \_\_\_\_\_ Instructor E-mail \_\_\_\_\_

Association \_\_\_\_\_



## London Taekwondo Open



**Competition Organiser:** Master Ewan C Briscoe :Tel: +44 (0)7946102769

**E-mail:** [masterewanb@aol.com](mailto:masterewanb@aol.com)

**Competition Director** Master Paul Chafe 5th Dan : Tel: +44(0) 7789888747

**Kyorugi Judges Coordinator:** Master Mark Bush

**Poomsae Judges Coordinator:** Master Waine Roye

**Date:** - Sunday 3rd June 2012

**Venue:** - ExCel Center London, 1 Western Gateway, Royal Victoria Dock,  
London, E16 1XL

**Weigh-in time:** - 09.00am till 10.00am

**Start Time** 10.30am till 5.30pm approx

**Info hotline** +44(0)2088130079

**Web site** [www.panthertaekwondo.co.uk](http://www.panthertaekwondo.co.uk)



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